



Tree Of Life Holistic Wellness Center

DISCLOSURE LETTER

"There are no incurable diseases, only incurable patients."

Dr. John R. Christopher, M.H., N.D.

Founder, School of Natural Healing

Welcome to Tree of Life Holistic Wellness Center. You will find our clinic a program driven center focusing on chronic, long term conditions that have plagued our patients for many years.

Our primary focus revolves mainly around conditions such as cancer, Lyme disease, auto-immune disorders such as Multiple Sclerosis, Muscular Dystrophy, Lupus, Crohn's and many others.

We believe in Doctor meaning teacher. The original meaning for doctor goes back to Latin and ancient Greek, it meant "a teacher". Your doctor should be your teacher.

As such, while it is our intent to treat each patient uniquely, it is also incumbent upon us to educate as well. When we are through treating our patients we want to know they have learned how to care for themselves to ensure as much as we can that they will not see a return of the problem. We believe that an educated patient will more likely be a successful one. We would like our patients to leave our center smarter than when they came to us.

To ensure that we have done our best, we have designed a basic program that requires a standard set of treatments to be done at the start with a specified unique set of protocols to be started once the initial ones are completed. For many patients they will find these difficult to adjust to but our success rate speaks for itself and we have seen wonderful results when patients followed the program as advised.

Through the years we have found a balanced holistic (whole body) approach to be the most effective at finding a cure for chronic, long term conditions. The body must be cleansed while receiving adequate nutrients for the medication to have something to

work with, in other words, the proper building blocks to heal the body's systems.

Having said that, we found a three prong approach that has seen wonderful success in the past with hundreds of patients over the years. It utilizes the following:

- 1.) **A thorough 18 day candida cleanse.**
- 2.) **A simple parasite cleanse.**
- 3.) **Holistic medications selected uniquely for each patient along with a healthy, vegan diet for the term of the program.**

Definition of vegan

: a strict [vegetarian](#) who consumes no food (such as meat, fish or any fresh or salt water creature, eggs, or dairy products of any kind such as cheese, yogurt, sour cream, butter, milk, etc.) that comes from animals or insects such as bees. **This also includes excluding any products with animal derived ingredients. It is an entirely plant-based diet.**

Hippocrates taught us to **Cleanse and Nourish**. If the body is cleansed it can uptake nutrients and medications faster and can promote a faster healing.

It is not too difficult to do and we have seen many, from children to the advanced elderly, successfully go through the cleanse with wonderful results.

1.) CANDIDA CLEANSE:

Yeast overgrowth is generally a side effective of antibiotic therapy. All drugs have side effects and antibiotic usage is no exception. When antibiotic drugs destroy targeted microbes they also destroy the billions of friendly flora that protect the intestinal tract. There are over 200 varieties of friendly flora that are destroyed and the singular probiotic, acidophilus will not resolve the problem. This accounts for 70% of your immune system and must be in place for a program to be more completely effective.

One hardy variety of floras that is beneficial but not affected by antibiotic drugs is Candida Albicans. This yeast grows uncontrollably when checks and balances from other flora are not present. When this yeast takes up all available space in the intestinal tract, it changes its morphology and grows appendages with which it whips against the walls of the intestines creating thousands of small lesions. These lesions provide a pathway for the Candida to enter the blood stream, causing Systemic Candidiasis, which

can cause symptoms that mimic many known diseases.

This perforated bowel is referred to as Leaky Gut Syndrome. This condition also allows undigested protein to enter the bloodstream. These proteins are foreign to the immune system and are therefore attacked. The immune system remembers these protein invaders and reacts like an allergy each time you consume them. This opens up the possibility of eventually making you allergic to every food you eat.

Since yeast overgrowth can cause symptoms mimicking many diseases, misdiagnosis is common and yeast overgrowth remains undetected allowing it to further colonize, thus creating more side effects and ill health. Many people have suffered for decades going from doctor to doctor, therapy to therapy and eventually being prescribed anti-depressants from doctors who are incapable of a proper diagnosis, so they determine that it is in the head of the patients. This incompetence on the part of modern medicine hopefully leads these unfortunate patients to alternative therapy.

Most alternative therapy focuses on killing off the yeast and providing the body with the pro-biotics. These therapies fail to correct the damaged intestinal tract which allows the yeast condition to return.

The twenty day protocol addresses all aspects of treatment and can permanently eliminate Systemic Yeast Overgrowth and Leaky Gut Syndrome.

2.) PARASITE CLEANSE:

Pinworms, tapeworms, and roundworms are parasites existing in the intestinal tract. The three most common types of worms found in the body are: the thread or seat worms (*Oxyurix vermicularis*), the roundworm (*Ascares lumbricoides--lumbrici*), and the tapeworm (*Taeince-taenia solium*, *Bothriocephalus latus*). There are other less-common worm types that enter the body, such as hookworms (*Ancylostoma duodenal*, *Nectar Americanus*) and those of unclean pork (*Trichinella spiralis*), which thrive upon various conditions of filth and degeneration.

Possible Symptoms: Restlessness at night, picking the nose, gritting the teeth, itching at anus, dry cough, etc. Worms sometimes cause spasms, fits or convulsions.

Possible Causes:

Poor diet, poor hygiene, and constipation are usually the problem. Worms are found when the stomach is deranged from eating improper foods. Worms are the effect. The

cause of the worms is improper diet--the lack of wholesome foods (do not use processed or refined foods) and heavy mucus and starchy food intake. To work on the effect and rid the body of worms is like killing the flies and leaving the garbage--which has attracted them--in the same foul condition.

3.) DIET AND MEDICATIONS:

This part includes a dietary program called the Mucous-less Diet. It is a vegan diet and is considered by both the American Cancer Society and the World Health Organization as the most healing diet for the human condition.

I will be supplying you with numerous menu plans, nutrition charts and recipes to help.

The more you incorporate healthier choices in your diet, the faster the healing can occur. Any valid holistic program will include diet and lifestyle recommendations. As Hippocrates also stated ... **Let your Food be your Medicine and your Medicine be your Food.**

TIME LINE FOR THE PROGRAM:

With your Wellness Program you will be receiving a medication sheet listing the holistic medications and protocols used in our treatments for your specific issues. Following is a general guideline for how this progresses. While this is not engraved in stone, and may be modified based on a patient's unique needs such as the ability to swallow medications or work and school schedules.

FIRST STEP:

The first step is the 20 day candida cleanse. We have found historically that the rest of the program can proceed more quickly when the body has had a rudimentary cleansing occur prior to starting the holistic medication portion of the program. This incorporates three different holistic medications and a cleansing, vegan diet for 18 days.

SECOND STEP:

Once the candida cleanse is completed, the patient will then undergo a parasite cleanse. This is a simple protocol utilizing a bowel cleansing medication along with another that is meant to kill any possible parasites over a two to three week period.

We are able to proceed with the specialized part of the program at this time as well and you will be educated as to the medications, and other protocols designed specifically for your issues.

At this point we require regular scheduled monthly visits so we can assess how the patient is doing and to decide if the program needs to be altered for their unique issues. For those long distance, this can be done over the phone or by Skype or FaceTime. Having said this, we do not want a month going by if the patient is having problems or questions. Please feel free to contact the clinic by phone or email and we will be happy to adjust the program's protocols for you at no cost. Please do not let a month go by with problems and then wait to tell us about them at your monthly visit. Very often they could have been successfully addressed and modified thereby making your month more productive.

Should the patient, while on a program, miss two or more monthly appointments than the patient will go on the inactive list and will need another appointment made before we can give any further health advice through phone, in person or email. This also includes patients who have completed a program as they should no longer require the services of the clinic. To return to the active list the patient will need to start back on their monthly appointments. The dispensary is still available to the in-active patients.

Due to the amount of fraud and poorly handled holistic supplements in the industry, we require everyone to purchase them from the Tree Of Life Holistic Wellness Center's Apothecary. This allows us to better monitor the dosages and to more accurately follow the progress of the program. Failing to follow this requirement may cause us to discontinue your program.

With each visit we will access your progress and evaluate if any changes to the program are necessary.

STEP THREE:

If the program is followed and we find we work well together, than we hopefully can look forward to the day when we “graduate” our patients by informing them they no longer need to have any further followups for the issue being treated. This can occur because the patient has found the healing they sought. It can also occur if the patient has made wonderful progress but is not quite done but understands what to do to continue with their healing process. It is at this point we inform the patient they can continue for a time to have holistic medications dispensed from our dispensary but no longer require appointments.

In each of these cases, we are very proud of our patients.

I understand that this disclosure is valid for this visit and all subsequent visits as well.

Signature _____ Date ____/____/____

Witness or Referred by _____ Date ____/____/____